

Functional Food

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Definition

Food which are intended to be consumed as **part of the normal diet** and that contain biologically active components which offer the potential of **enhanced health** or **reduced risk of disease**

Market



Regulation



- Functional Food Science in Europe (**FUFOSE**)
- International Life Sciences Institute (**ILSI**)
- Process for the Assessment of Scientific Support for Claims on Foods (**PASSCLAIM**)
- European Food Safety Authority (**EFSA**)
- REGLAMENTO (CE) N° 1924/2006

Conclusions



- OFFER A GREAT POTENCIAL**
- IMPROVE HEALTH**
- HELP PREVENT**
- CERTAIN DISEASES**
- RESEARCH OPPORTUNITIES IN**
- NUTRITION**
- EFSA IS DEMANDING TOO MUCH**

WHICH IS THE NEXT STEP?

