# Epigenetic approaches for non-invasive prenatal diagnosis using cell-free fetal DNA present in maternal plasma

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#### Introduction

Interest in developing non invasive prenatal diagnosis techniques has grown within the past decade, especially since the discovery of cell-free fetal DNA (cffDNA) presence in maternal plasma in 1997.

The potential use of cffDNA presents two main limitations: the development of techniques to allow the distinction between maternal and fetal DNA, and the low presence of cffDNA in maternal plasma, that represents only 10-20% of the fraction. The use of epigenetic markers, which are sequences that contain covalent modifications of DNA that do not change the genome sequence and are stably transmitted during cell division, raised as a suitable choice.

#### **Genetic markers**

Absolute discrimination

### Y-chromosome-specific loci

Only for male pregnancies High false negative results

#### **Paternal-inherited loci**

Previous knowledge of the parents' polymorphic status needed

#### **Epigenetic markers**

Based on different methylation patterns between mother and fetus Gender independent

Imprinting process: Epigenetic marks depending on the progenitors' sex Previous knowledge of the parents' polymorphic status required

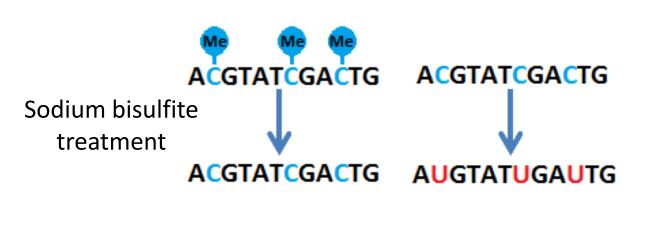
Maternal DNA in plasma derived from hematopoietic cells and cffDNA's placental origin provide the different methylation patterns.

> Maspin gene: First universal fetal marker NO previous information of polymorphic status required

#### Methylation assays

## Sodium bisulfite conversion

Conversion of unmethylated cytosines to uracil.



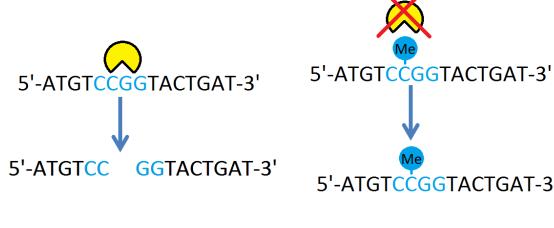
Epigenetic modifications become genetic modifications

Not sensitive to sample impurities Methylation analysis at base pair level

DNA degradation (>90%) Full conversion rarely achieved

#### **Methylation-sensitive** restriction enzyme

Enzymes sensitive to methylation



Remove the unmethylated maternal DNA

#### Advantages

Easy to perform and low cost Less damage, more molecules available

#### Disadvantages

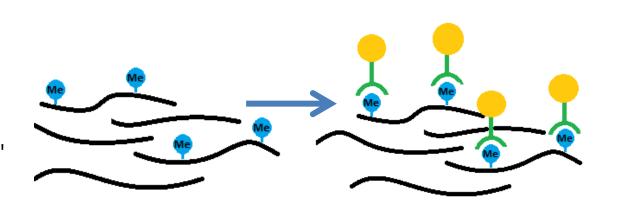
Sensitive to sample impurities

#### Parent of origin specific methylation patterns

#### Placenta specific methylation patterns

### **Methylation DNA** immunoprecipitation

Monoclonal antibodies with magnetic beads attach to methylated cytosines.



Immunoprecipitation of methylated sequences

#### Low cost assay

Not sensitive to sample impurities Can be applied with low starting DNA amounts

Requires high amount of starting DNA Applicable to a limited number of DNA sequences

ideal combination of affinity reagents

Depends on antibody efficiency and

Adapted from Patsalis et al. (1)

#### Methodology

Conduct a literature research using NCBI.

#### **Objectives**

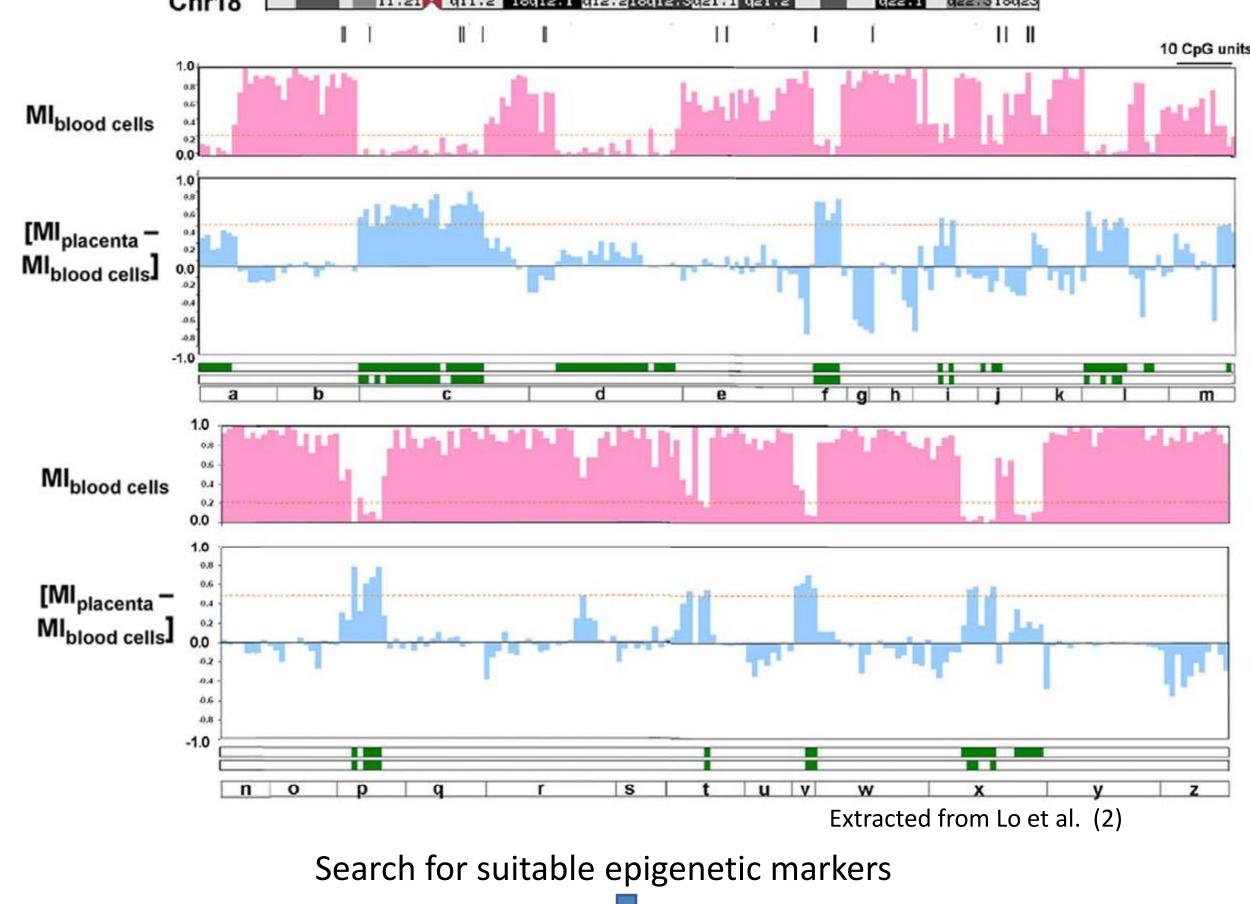
Highlight the usefulness and importance of epigenetic markers for non-invasive prenatal testing.

Describe the approaches and techniques used to perform the assays, its advantages, limitations and clinical applications.

#### New epigenetic markers

Detection of differently methylated regions.

Increase the number of regions known to expand the disease application range. Performed with methylation array analysis.



#### **Special consideration needs to be taken:**

- Methylation patterns are susceptible to external agents.
- Methylation status change depending on can pregnancy state.
- Individual methylation variation.

## **Applications**

**Sex determination** 

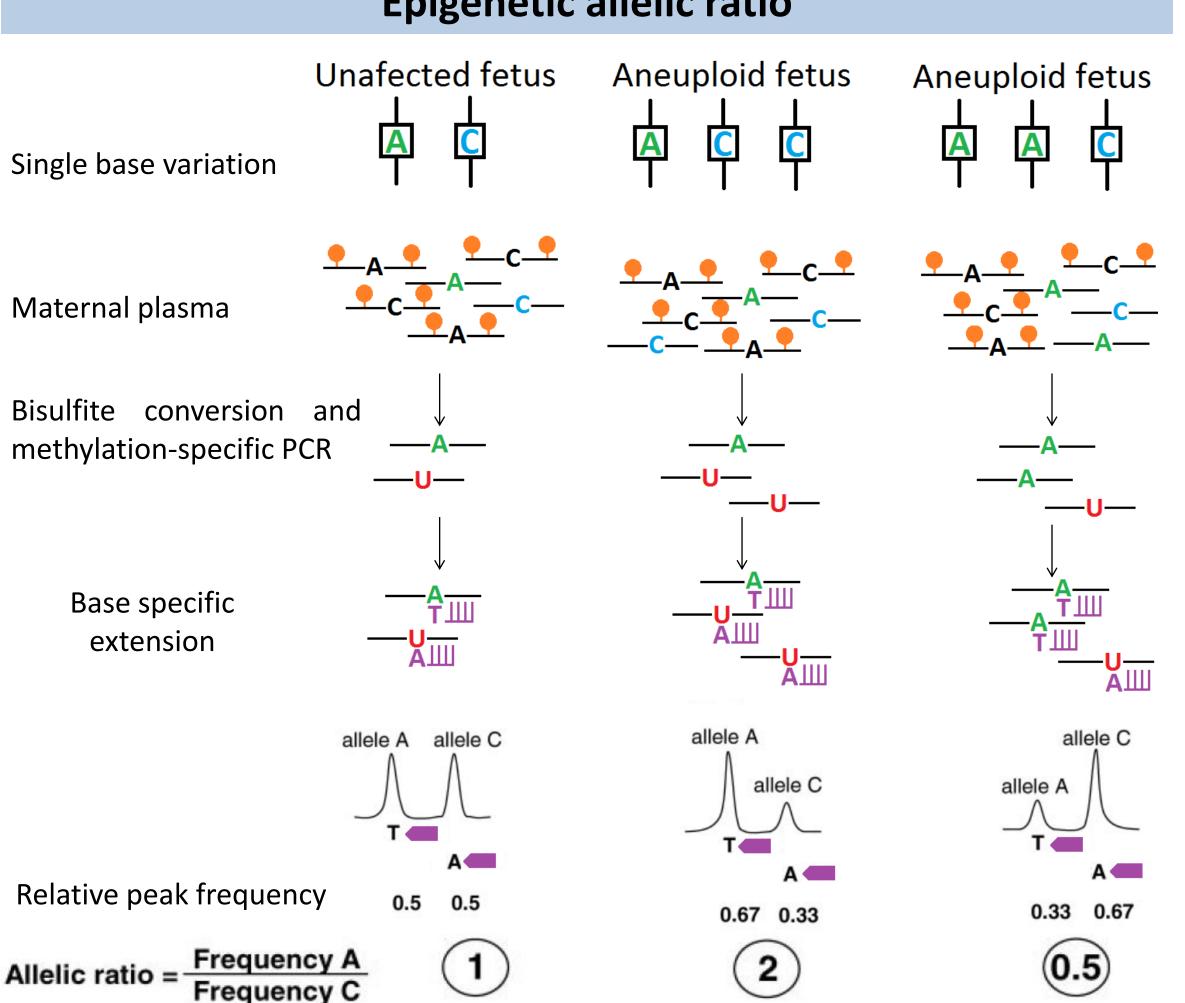
Rheshus D status

Epigenetic markers as positive control

Address the false negative results

### Aneuploidies

## **Epigenetic allelic ratio**



Depending on SNP heterogeneity

#### **Epigenetic-genetic chromoseme dosage**

Ratio value calculation:

[Epigenetic fetal marker] Ratio = [Fetal-specific genetic marker]

Genetic marker unaffected by individual methylation variation

[Epigenetic fetal marker on the affected chromosome] [Epigenetic fetal marker on unaffected chromosome]

Not depending on SNP heterogeneity

## Fetal-specific DNA methylation ratio

Multiple markers analyzed Similar to epigenetic-genetic chromosome dosage

Discrimination value is achieved considering the discriminative coefficient for each marker:

$$D = -6,331 + 0,959 X_{\text{EP4}} + 1,188 X_{\text{EP5}} + 0,424 X_{\text{EP6}} + 0,621 X_{\text{EP7}} + 0,028 X_{\text{EP8}} + 0,387 X_{\text{EP10}} - 0,683 X_{\text{EP11}} + 0,897 X_{\text{EP12}}$$
 where  $X_{\text{EPn}}$  = ratio value<sup>Sample; EPn</sup>,  $n = 1-12$ 

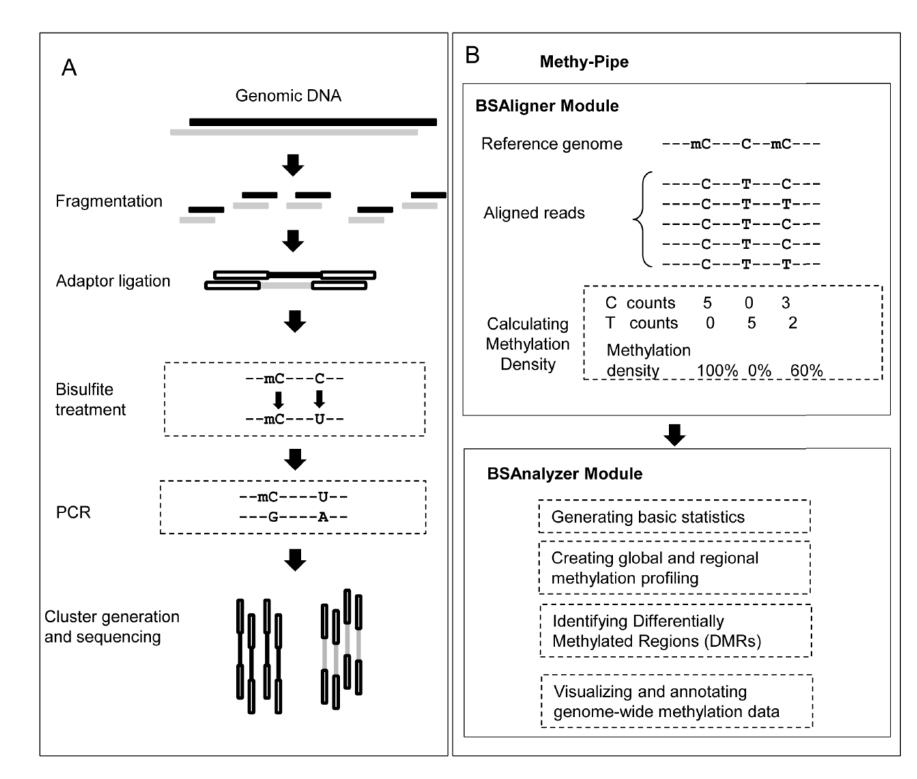
Extracted from Patsalis et al. (4)

Discriminative coefficients have to be precisely selected

#### **Next generation sequencing**

Combination of methylation status of the sequences and genome-wide sequencing

Bioinformatics modules to process and analyze the data



Extracted from Sun et al. (5)

Depending on bisulfit conversion efficacy and expensive

## Discussion

- Epigenetic approaches have successfully defeated the restrictions that absolute discriminative genetic markers presented, allowing the application of non invasive diagnosis to all pregnancies by using universal fetal markers.

Adapted from Lo et al. (3)

- Clinical implementation of epigenetic approaches has to overcome a few limitations, since all the described techniques are useful but none of them are optimal. Even though, this techniques present more potential to be implemented on global scale than currently available sequencing procedures, because they are easier and less expensive to perform, and the necessary equipment is present in more laboratories.
- Further validation of potential epigenetic markers and improvement of ratio values should be performed.
- The following years genome wide arrays will provide more differentially methylated regions that could be used as epigenetic biomarkers for other diseases, increasing its interest to be applied to clinics.

### References

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