To establish a relationship between romantic love and addiction, as both share a goal-directed motivation (the partner or the drug). Moreover, both share some neural circuits, involving mainly the reward system.

Romantic love could be seen as a constructive addiction when it is bidirectional. On the other hand, it could be seen as a destructive addiction when it is rejected.

Love is a complex emotion that includes basic and complex emotions, some of which could be seen as addictive emotions. Nonetheless, although similarities between both processes are several, we have to keep in mind that there are also many differences between them, in order not to get a precipitated idea.