

Will be the insulin a possible treatment for a acute myocardial ischemia?

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INTRODUCTION

Myocardial ischemia is an intermediate stage in coronary artery disease during which the heart tissue is starved of oxygen and nutrients. Eventually, the affected heart tissue can suffer massive cell death, occasionally leading to a heart attack when blood flow is completely blocked.

In normal condition, in heart, FFA is preferred substrate (70%FFA and 30% glucose & lactate), because the β -oxidation of 1 mol palmitate results in more ATP than glucose (129 versus 38 ATP per 1 mol), but consumes also more oxygen. During ischemia, glucose levels are rapidly depleted and FFAs accumulate. Increased levels of FFAs depress myocardial contractility, inhibit glycolytic flux, accumulate as myocyte toxic metabolites, cause membrane damage and arrhythmias, and increase myocardial oxygen consumption without increasing myocardial work.

GIK: Recently it has been shown that necrosis following experimental myocardial ischemia can be reduced by GIK. At 1970, it was established as a possible treatment. Although there are many things remain unknown, now a day the GIK clinical uses are having positive effects in some specific cases.

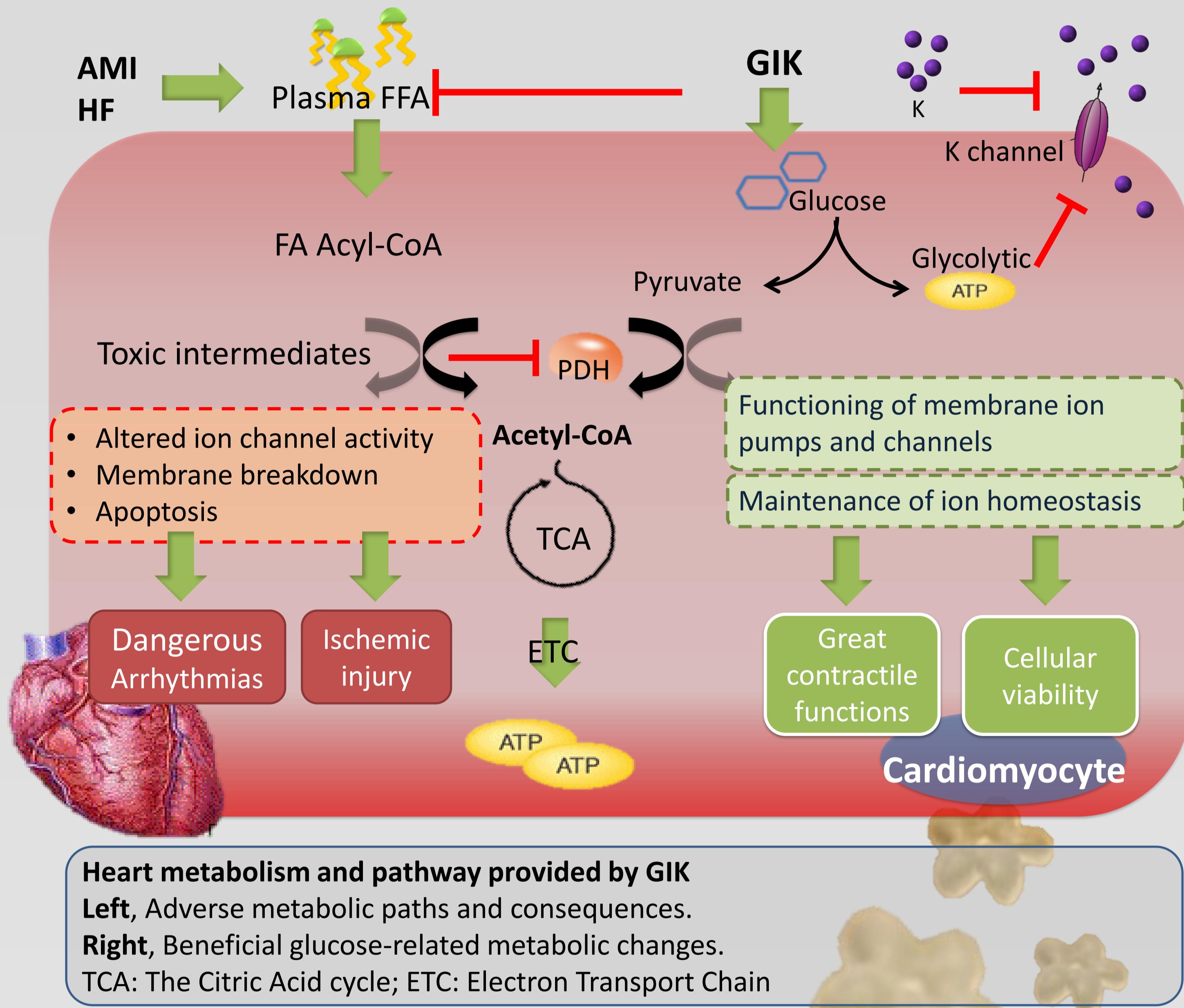
OBJECTIVES

1. Study about the current status of GIK mix in ACS.
 2. Define the GIK-induced main pathway of cardio protection.
 3. Determination of benefits of GIK in acute myocardial ischemia

METHODOLOGY

This project has been made as a scientific review using original articles found in PubMed and other scientific. Articles used have been picked up considering their abstract, conclusions, concretion into the objective, date of publication and quality, as well as if they had been referred in previous articles read. Thus, approximately 70 publications have been read, although 50 have been finally used in the project writing.

GLUCOSE & POTASSIUM PATHWAY



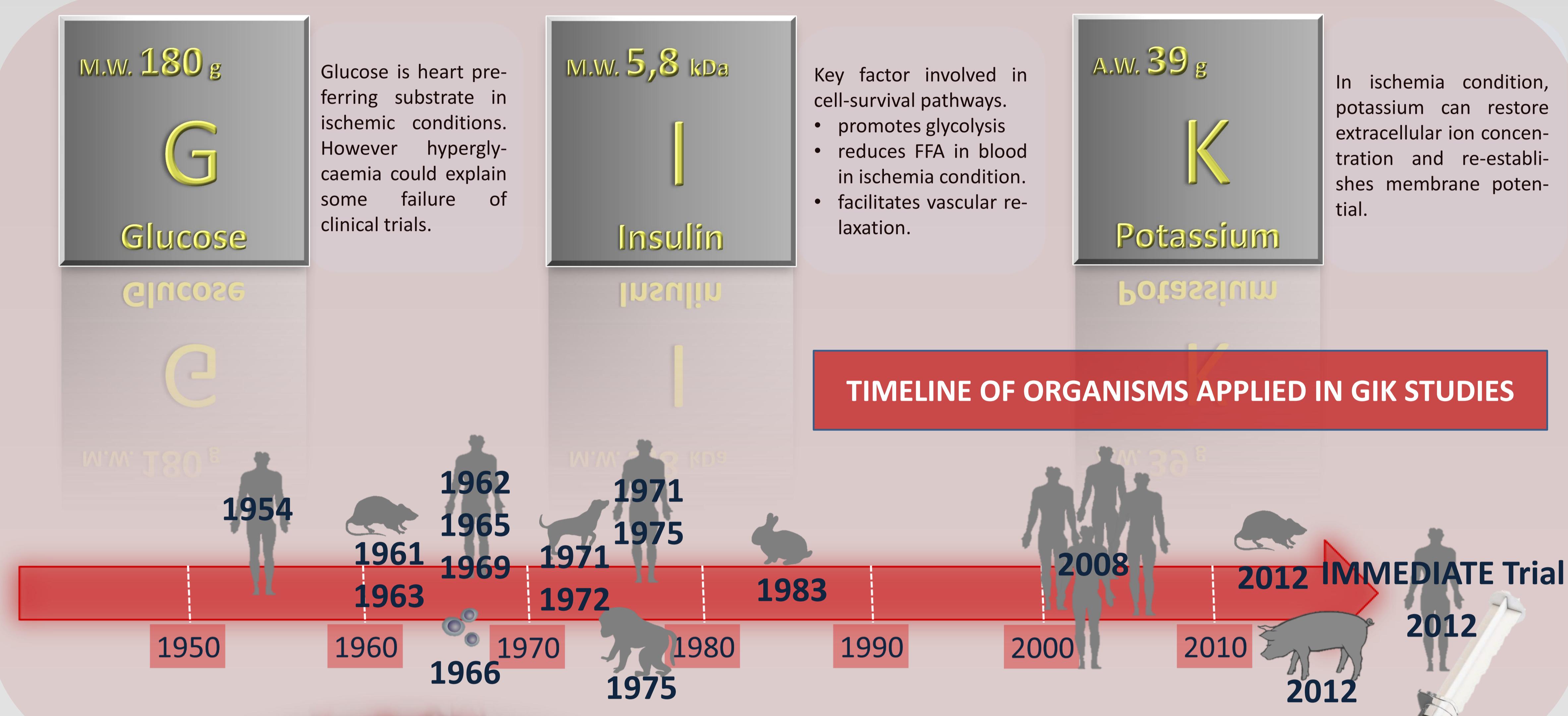
KEY-WORDS

ACS=acute coronary syndromes,
FFA=free fatty acid,
MI=myocardial infarction,

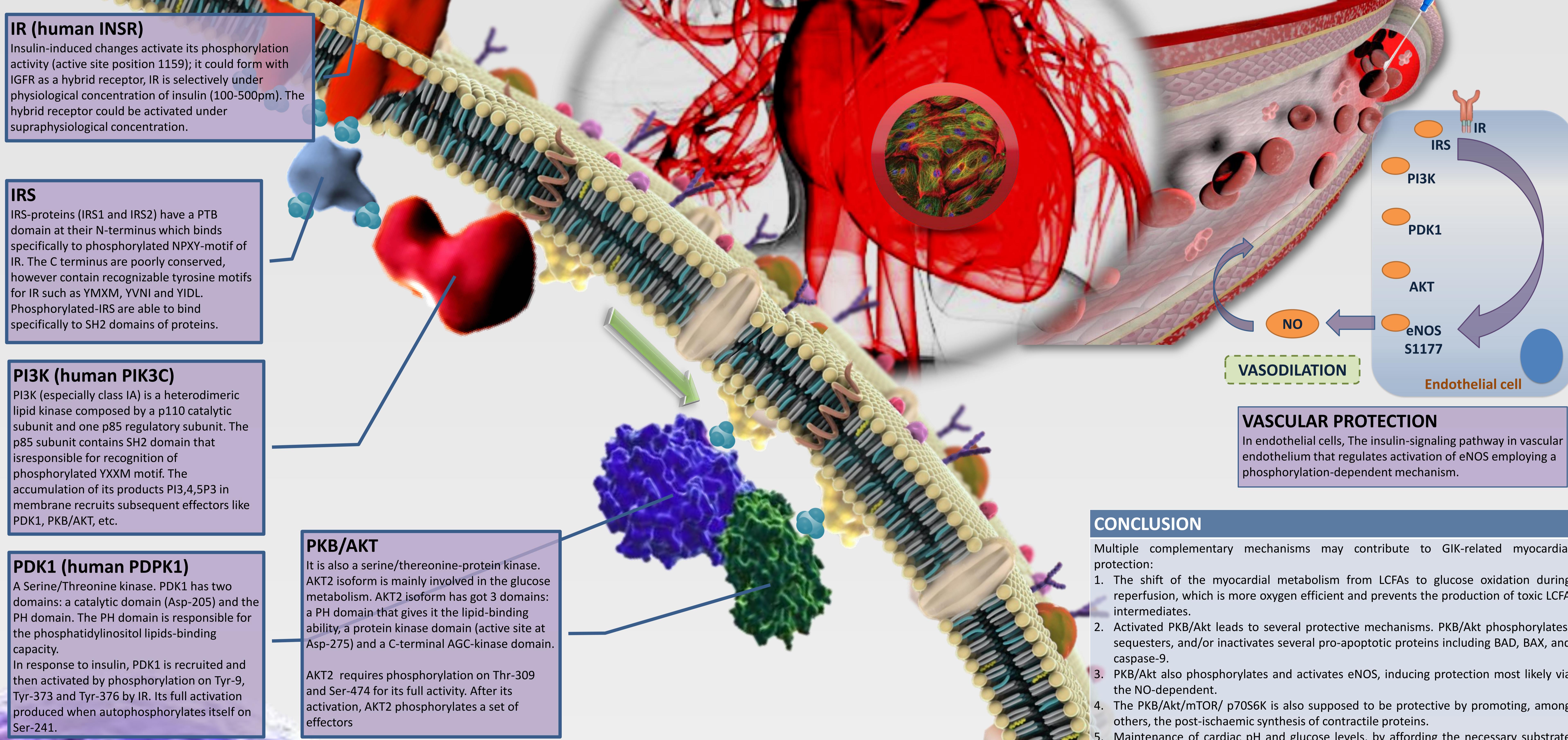
AMI=acute myocardial infarction,
Insulin,
IR=insulin receptor tyrosine kinase

IRS= insulin receptor substrate,
PI3K=phosphatidylinositol 3-kinase,
PI(3,4,5)P3=phosphatidylinositol 3,4,5-trisphosphate,

PDK1= Phosphoinositide-dependent kinase 1,
PKB/Akt= Protein kinase B,
GIK=glucose-insulin-potassium.



INSULIN SIGNALING



CONCLUSION

Multiple complementary mechanisms may contribute to GIK-related myocardial protection:

- 1. The shift of the myocardial metabolism from LCFAs to glucose oxidation during reperfusion, which is more oxygen efficient and prevents the production of toxic LCFA intermediates.
 - 2. Activated PKB/Akt leads to several protective mechanisms. PKB/Akt phosphorylates, sequesters, and/or inactivates several pro-apoptotic proteins including BAD, BAX, and caspase-9.
 - 3. PKB/Akt also phosphorylates and activates eNOS, inducing protection most likely via the NO-dependent.
 - 4. The PKB/Akt/mTOR/ p70S6K is also supposed to be protective by promoting, among others, the post-ischaemic synthesis of contractile proteins.
 - 5. Maintenance of cardiac pH and glucose levels, by affording the necessary substrate for ATP synthesis.

But full metabolic monitoring needs to be performed to definitively prove the beneficial effect of GIK infusion. Although the cardio-protective properties of glucose-insulin-potassium (GIK) remain controversial, in part because of the different contexts, doses, timing, and protocol of GIK used in different studies, there is a growing consensus

Supporting a...

- ## REFERENCES

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