Appetite-regulating hormones and neuropeptides

OBJECTIVES
To describe the main appetite-regulating hormones and neuropeptides and their secretion place, function and interaction.
Explain the appetite-regulating hormones and neuropeptides dysregulation in anorexia nervosa and their consequences in the energetic homeostasis.

CONCLUSIONS
Our eating behaviour has been widely studied but there are still lots of things we don’t know about it. Multiple factors are involved in our appetite regulation and that’s why eating disorders like anorexia nervosa exist.
Further comprehension of the appetite-regulation mechanisms may be the solution to comprehend and solve the eating-disorder behaviours.