

## INTRODUCTION AND OBJECTIVE

Psittacine beak and feather disease (PBFD) is a viral disease affecting more than 60 species of psittacines around the world that threatens the conservation of species in risk of extinction and represents also an increasing concern to aviculturist. It is caused by a non-enveloped, icosahedral, 14-16nm, single stranded DNA virus that belongs to the *Circovirus* genus.

The objective of this study is to do a review of the information about the PBFD virus and to apply this information to two clinical cases corresponding to the two main clinical presentation of this disease.

## EPIDEMIOLOGY

PBFD affects generally younger than 2 years old parrots, but parrots of all ages can suffer the disease. Psittacines from all the world should be considered susceptible but Australian, New Zealand and African parrots are the most susceptible to the disease.

## PATHOPHYSIOLOGY

The incubation period is about 21-25 days commonly. But it depends on the age, the dose of the virus, the stage of development of the feather and the immunity of the bird. Adults take from months to years to get infected and develop the clinical disease.

PBFD is an epitheliotropic virus, and affects not only the skin and feathers of the bird but also the gastrointestinal tract epithelium and the extragastrointestinal epithelium, as the bursa of Fabricius and the liver. The necrosis and damage that causes in the bursa, timus and lymphoid system are the responsible for the immunosuppression suffered by the birds.

## TRANSMISSION

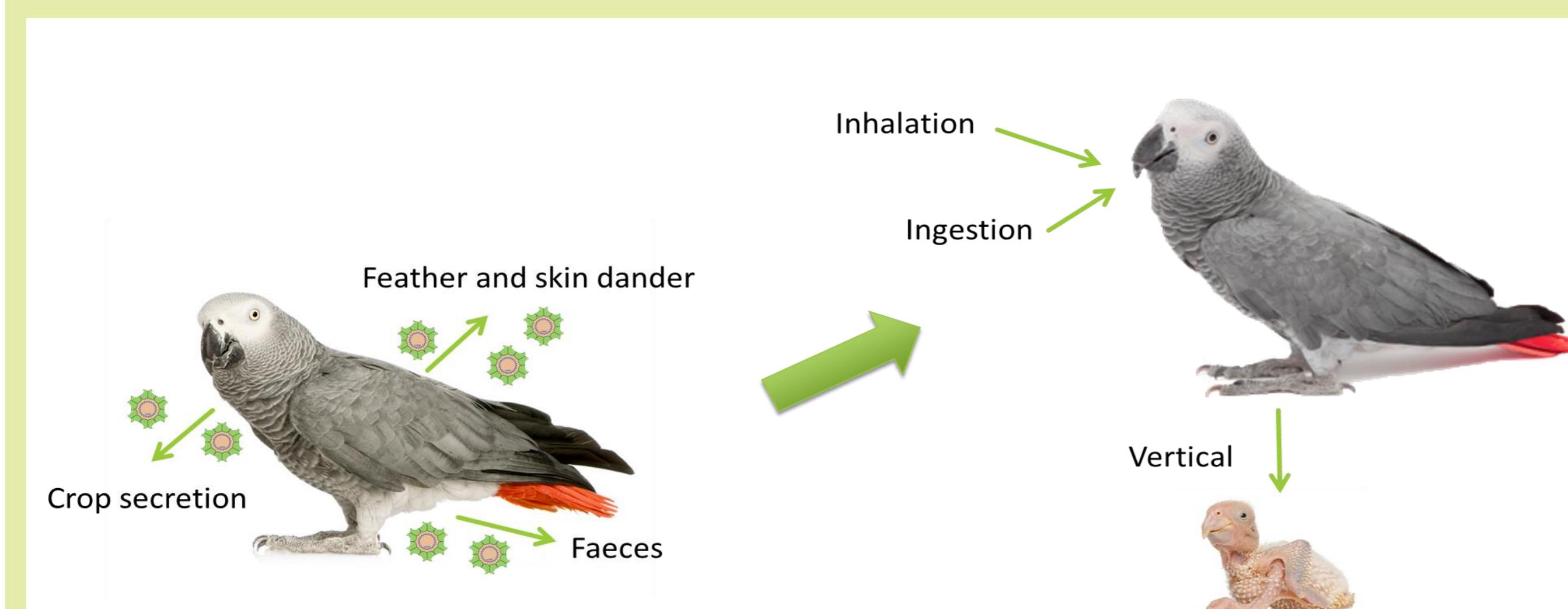


Figure 1. Beak and feather disease virus transmission diagram.

## TREATMENT

There is no effective treatment. Supportive care and antimicrobials should be given to treat secondary infections. Once clinical signs appear the course of the disease is generally fatal. Experimentally two immunomodulatory treatments have been successfully tried: avian gamma interpheron and  $\beta$ -(1,3/1,6)-D-Glucan, but further studies are needed. Some experimental vaccines are in development with recombinant baculoviruses.

## CLINICAL SIGNS

There are two principal possible courses of this disease; the acute and chronic one. Normally the development of the disease depends on the age of the bird when it gets infected.

## DIAGNOSIS

The polymerase chain reaction (PCR) from blood or feather samples is the most specific and sensitive method to diagnose PBFD. Haemagglutination (HA) and haemagglutination inhibition (IH) tests can add useful information together with the results from the PCR. When the animal presents the chronic form of the disease a biopsy of the feather follicle is also diagnostic.

## CLINICAL CASES

### Case 1: Acute form in an African Grey Parrot



**Presenting complains:** A 3 months old female African Grey Parrot (*Psittacus erithacus*) is presented with apathy, anorexia and nasal secretion.

**History:** The bird presented the symptoms for 4 days. It lives indoor and is a hand-reared bird currently starting to eat on its own.

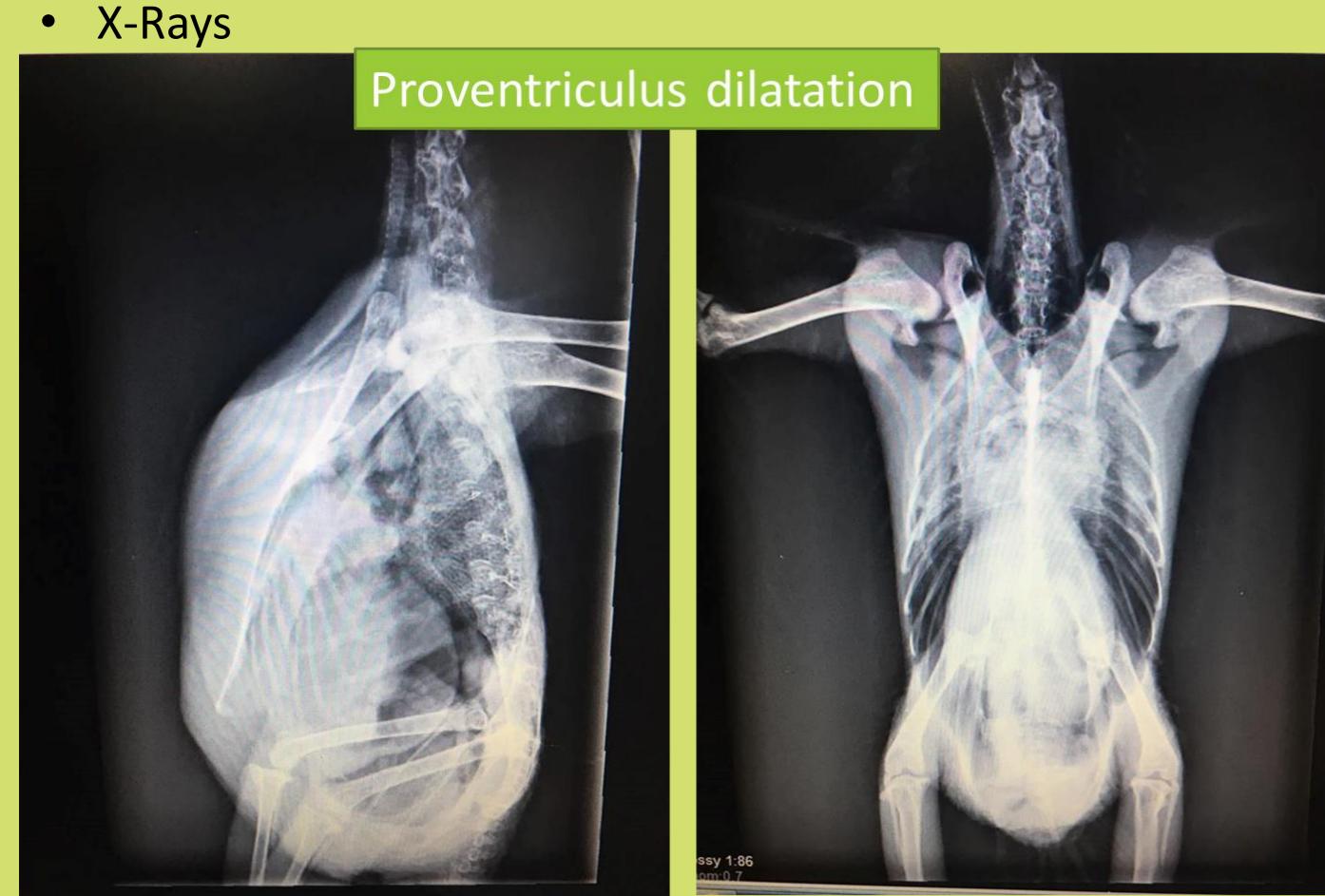
- Physical condition: 2,5/5
- Dehydration: <5%
- Taquipnea

#### Physical examination findings:

- Non regenerative anaemia (haematocrit 24%)
- Severe leukopenia with heteropenia and lymphopenia
- Biochemistry

Table 2: Parameters, results and reference ranges of the biochemistry profile

PARAMETERS	RESULT	REFERENCE RANGE
Uric acid	28.55 mg/dl	4.5 - 9.5 mg/dl
Urea	7.9 mg/dl	3 - 5.4 mg/dl
Triglycerides	38.7 mg/dl	45 - 145 mg/dl
Total protein	1.49 g/dl	3 - 4.6 g/dl
AST	587 UI/L	100 - 365 UI/L
GGT	2 UI/L	0 - 0 UI/L
CK-NAC	4696.5 UI/L	165 - 342 UI/L
Phosphor	7.89 mg/dl	3.2 - 5.4 mg/dl
Bile acids PRE	10.1 $\mu$ mol/L	13 - 90 $\mu$ mol/L
X-Rays		



Figures 5 and 6. L-L and V-D X-Ray projections.

#### Treatment and clinical progress:

- PCR confirmed PBFD diagnosis

DAY 1 → DAY 2 → DAY 3

- Marbocyl 2% 5 mg/kg IM SID
- Metacam 1 mg/kg IM BID
- Diphadrol 2 ml/kg SC, single dose
- Nebulization F10 (1 drop in 10 ml NSS) BID
- Fluid therapy: 20 ml SC  $\rightarrow$  ¼ (Isotunin + 5% Glucose) + ¼ G5
- Marbocyl 2% 5 mg/kg IV SID
- Metacam 1 mg/kg IV BID
- Ronitidine 2 mg/kg IV BID
- Ceftazidime 100 mg/kg IV BID
- Nebulization F10 (1 drop in 10 ml NSS) BID
- Fluid therapy: 2/3 (Isotunin + 5% Glucose) + 1/3 Isotunes
- Maintenance: 2.5 ml/kg/h
- Blood transfusion (4 ml + 1 ml NSS)
- Death at 44 hours of admission

Figure 3. Plasma protein electrophoresis pattern of the sick African Grey patient.

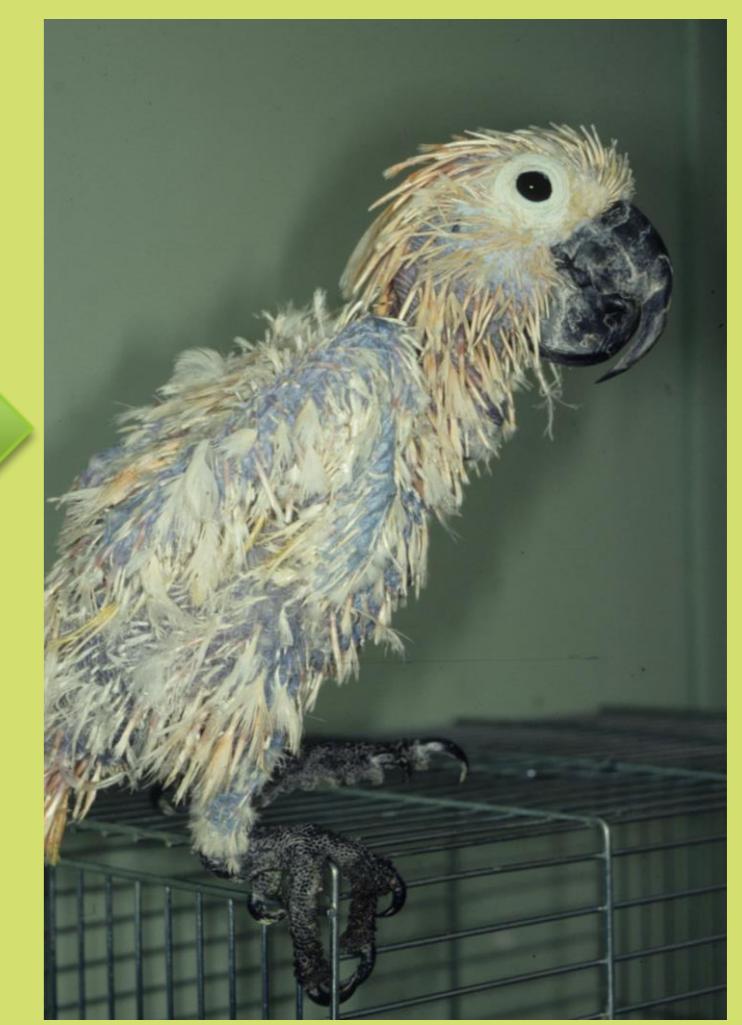
Figure 4. Plasma protein electrophoresis pattern of a healthy parrot.

### Case 2: Chronic form in a Sulphur Crested Cockatoo

**Presenting complains:** A Sulphur Crested Cockatoo (*Cacatua sulphurea*) is presented with feather loss and feather dystrophy.

**History:** The bird was relinquished for presenting feather abnormalities. During its stay the bird lost almost all the feathers and developed beak necrosis and fractures.

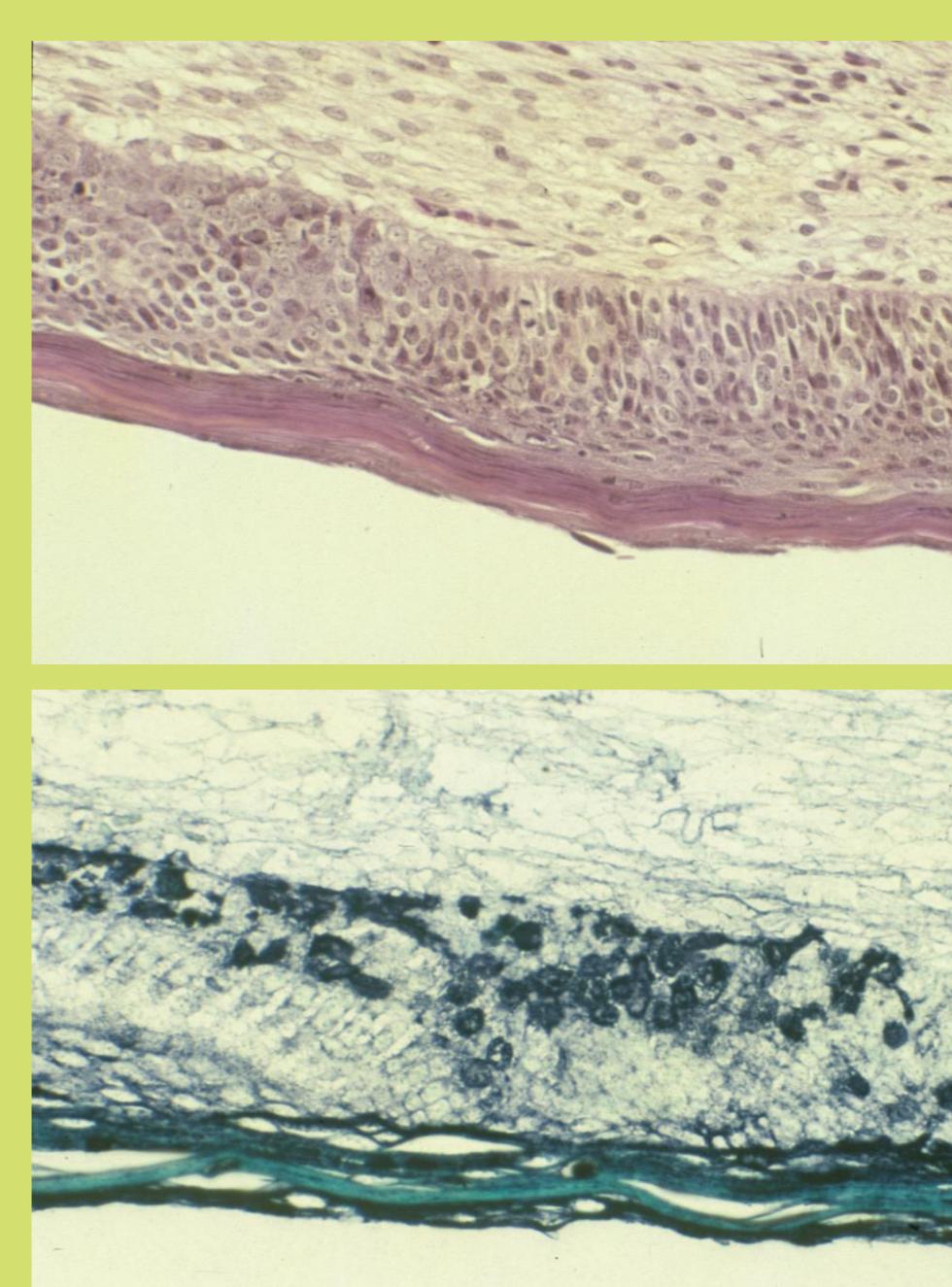
**Physical examination findings:** Good condition except for the feather abnormalities.



Figures 7 and 8. The Sulphur Crested Cockatoo at the first stages of the clinical disease, and after almost 3 years completely destitute of feathers and with beak elongation.

#### Medical procedures:

- Cell Blood Count
- Biochemistry
- Biopsy  $\rightarrow$  intracytoplasmic inclusion bodies  $\rightarrow$  confirmed PBFD diagnosis



Figures 9 and 10. Histological slides of the follicular epithelium of the feather. Haematoxylin-eosin stain and in situ hybridization technique.

#### Treatment and clinical progress

- Supportive care
- Isolation
- Died almost three years after its arrival

## CONCLUSIONS

- PBFD is a worldwide spread disease and represents a threat for both captive and wild psittacines.
- The most common presentation of PBFD involves feather loss and feather dystrophy but PBFD also has to be included in the differential of depressed, anorexic, juvenile psittacines, specially African Grey Parrots.
- PCR is the election diagnostic technic for PBFD acute presentation.
- PCR and feather biopsy are both diagnostic for chronic PBFD.
- There is currently no treatment and no vaccine available.
- Prevention by PCR testing and aggressive disinfection together with isolation or euthanasia of the affected birds are the only way to keep an aviary free of PBFD.
- Recombinant vaccines may be a good tool to prevent PBFD clinical disease in a near future.
- Further studies are necessary to find an effective treatment.