

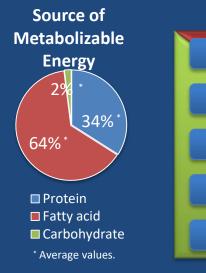
## **ENERGY, COMPOSITION AND PRE-EXERCISE** FOOD ADMINISTRATION IN ENDURANCE UMB **SLED DOGS AND RACING GREYHOUNDS**

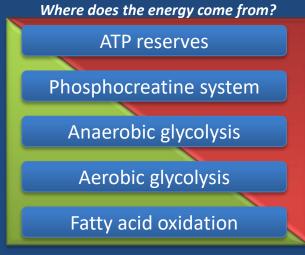


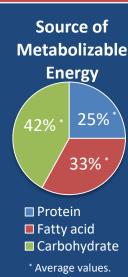


## **ENERGY & MACRONUTRIENTS COMPOSITION**

123-160	Distance (km)	0,5
>12 h	Worktime	<1 min
(-40)-(-12)	Temperature (°C)	24
829 - 1273	Metabolizable Energy Requierements (kcal/kg <sup>0.75</sup> ·day)	159









carbohydrate repletion is particularly when similar performance is expected the following day.

16 hours

• 15 g glucose or 60 mL of honey maximum before the race.

24 hours

Race

## **CONCLUSIONS**

- Canine sports nutrition is poorly developed, with only a few articles addressing the food composition and energy for sports dogs.
- Dietary management around a race is scarcely studied in working dogs, especially in endurance sled dogs races.
- · Human sports nutrition has evolved faster, but this knowledge cannot be extrapolated to working dogs, and more research is required in canine sports nutrition.

Wakshlag, J., i J. Shmalberg. 2014. «Nutrition for Working and Service Dogs». Veterinary Clinics of North America: Small Animal Practice 44(4): 719-40. https://tinyurl.com/y7nasuv2 (21/02/2018).

Hill, RC. 1998. «The Nutritional Requirements of Exercising Dogs». The Journal of Nutrition 128(12): 2686S-2690S. https://tinyurl.com/ycee4w3k (21/02/2018). Kohnke, J. 1998. «Feeding the Racing Greyhound: feeding for Performance». https://tinyurl.com/y8dnpfuh (10/03/2018).

3 weeks