

Consumption of stone fruit (apple, pear, peach and nectarine) in Catalunya and its conservation techniques

INTRODUCTION

Stone fruit is considered a healthy element, its production and exportation in Catalunya is very significant. However, in recent years its consumption has decreased.

OBJECTIVES

- 1. Explain briefly the possible reasons for the decrease in consumption of stone fruit in Catalunya and analyze the factors that can encourage its increase.
- 2. What are the existing conservation techniques that provide better organoleptic characteristics with more shelf life for this type of fruit.

M	MOST PRODUCED VARIETIES OF STONE FRUIT IN CATALUNYA				
	Variety	Photo			
	Golden			Sweet Dream	
APPLE	Royal Gala		PEACH	Early rich	
7	Fuji		I	Summer rich	
PEAR	Conference		E	Big Top	
	Limonera		ECTARIN	Nectagala	
	Blanquilla		N	Big Nectared	

CONTROL OVER THE MOST IMPORTANT PRE-HARVESTING FACTORS:			ORGANOLEPTIC CHARACTERISTICS	SOLUTION		
Variety			-	Knowledge of the ideal period of refrigeration and optimal ripening time		
Pruning Excess		Excess		Rational pruning: Fruits of standard size. Improves the lighting \rightarrow \uparrow colour and \uparrow dry matter.		
Fertilization	Calcium (Ca):	Deficiency	↓Hardness and go yellow			
		Excess	Noticeable hardness, loss of aromas.	Apply proper dosage		
	Nitrogen (N ₂)	Excess	Acceleration of breathing → ↑ ripening, ↓ colour, ↓ pulp hardness.	Apply proper dosage		
	Phosphorus (P2O5)	Deficiency	Floury texture, ↑sensibility to low T ^a	Proper relation of P		
	Potassium (K ₂ O)	Excess	↓Total sugars → ↑acidity	Apply proper dosage: ↑ flavour and colour.		
Early harvest			Defective ripening, ↓weight, inadequate organoleptic quality.	Harvest the fruit when it is in the pre- climatic minimum period.		

Physiological alteration	Bitter-pit "Plara" Vitreous core		Vitreous core	Superficial scald	
Photo					

CONCLUSIONS

The possible reasons for the decrease in the consumption of stone fruit in Catalunya would be organoleptic quality, convenience, environment, availability, price and health.

Fruit		Conservation techniques	Shelf life	Organoleptic characteristics	Price
		Ultra-low oxygen cameras	+++	+++	++
Entire		Controlled atmosphere	+++	++	++
		Hidrocooling + Cold storage	+++	+++	++
Processed		Puree	++++	+++	+++
TTUCESSEU		Smoothie with UHPH technology	++++	+++	+++

LEGEND				
Shelf life	Organoleptic characteristics	Price (€/kg)		
++++> 1 year	+++ excellent	+ < 1		
+++ 5 months	++ mann good	++ 1 -		
– 1 year	++ very good	4,99		
++ 1 – 5	+ acceptable	+++ 5 -		
months	acceptable	9,99		
+ < 1 month		++++> 10		