SCIENCE WITH SOCIAL IMPACT. ULTRAPROCESSED FOOD AND ITS HEALTH EFFECTS

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The classification is very

complex and full of nuances.

AP-S projects are a good

educational tool to improve

people's lives since they bring





Social needs:

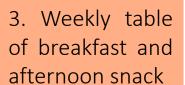
- Profile: students with a low socioeconomic level and immigrants.
- High-complexity educational centre.
- Food habits acquired during education period will influence their future food consumption and. affect therefore. this will next generations' food habits.

1. Evaluation of previous knowledge

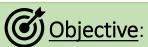
1. Preliminary survey



2. Observation session







know more about ultraprocessed food (UPF) and its effects on health.

Service description:

- 2. Introduction of the term "UPF" and classification of food regarding its degree of processing
- 1. What do think you the about concept
- 2. Food classification





3. Discussion of health effects

1. Presentation of health effects





Thoughts:

them closer to science.

2. Analysis of the results

Display of the grams sugar and found in common

products

