

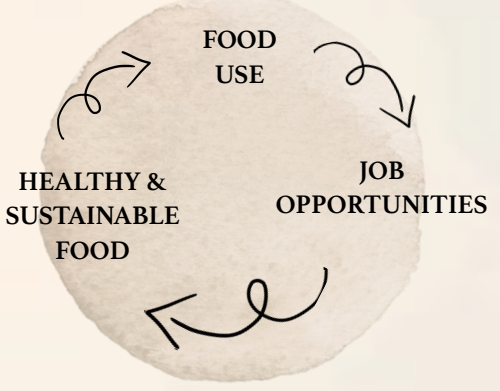
FUNDACIÓ ESPIGOLADORS

- Fight against food waste
- Empower people with risk of poverty in a sustainable way
- Guarantee healthy food rights

MENJADOR SOLIDARI GREGAL

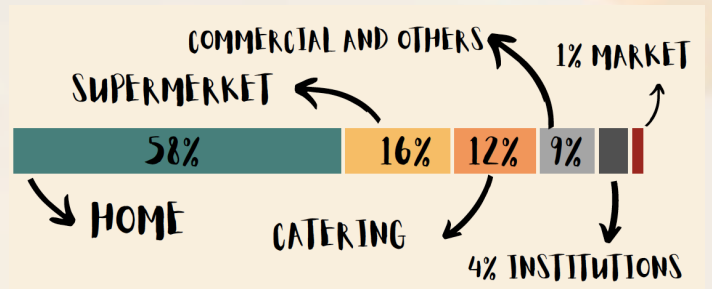
- Guarantee a basic diet to the people of Besós neighborhood
- Ensure an integrative environment to encourage social relations
- Promote job opportunities

NEEDS IDENTIFICATION



+ lack of a scientific vision

CONTEXT OF FOOD WASTE



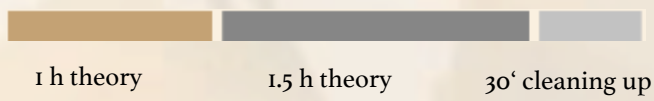
OBJECTIVES

- Relate food use and science
- Complement food trainings from a scientific vision, regarding the interrelated concepts set out in it
- Intervene during trainings
- Understand the context of food waste at home

TRAINING'S ORGANIZATION

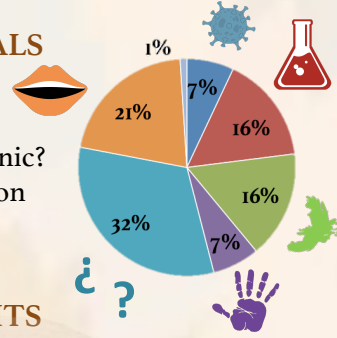
- ✓ Block 1. Food security and food preservation
- ✗ Block 2. Efficient cooking and food use
- ✗ Block 3. Nutrition and baby food

Block 1 and 2 documentation



OTHER MATERIALS

- Surveys
 - (1) What's in my organic?
 - (2) Food use perception
- Food use guides



FINAL THOUGHTS

Food use is a cultural issue, a change in behavior is needed along the food chain, accompanied by research that promotes food use security

It is not necessary to carry out specific training on food use, it can be included in a cross-cutting way in different topics

They have introduced me to the sovereignty's world

