She makes a bowl of popcorn, we manage three glasses each per bottle of Cold Duck, there are old movies or we just talk, and I don't have to worry about crashing the car or getting beat up by neanderthal urban cowboys.

I was recommending it to a friend, half expecting groans of censure, but he knew just how I felt. "It's called maturity," he said, "it happens to the best of us."

## ODE FOR THE VERY SEPARATE

Dress for comfort because at ease, you'll look your best. Resist the temptation to complain about growing older we all do, and anyway you can always call it maturity.

By the same token stories about how much fun we had in the good old days must be avoided like the plague.

Forget about your hair there's not much you can do about it and don't kid yourself into believing a beard or a mustache will divert attention from a bald spot or a receding hairline.

Do your work don't talk too much expect nothing know your limits and stick to them leave early.