

A GIFT

Thane shot two wood ducks on their ranch for Christmas. Clean shots, out of the air. His mother said he regretted shooting them, but after dinner (the ducks were so delicious) he decided it would be ok to shoot wood ducks once a year.

FOLLOWING HER WISHES

He's sitting in a hospital room with his beloved mother, 81, who is dying.
Her eyes are closed.
Her breathing is labored.
She is fighting pneumonia.
One lung is hemorrhaging.
She doesn't seem to be in pain.
But he is.
By power of attorney he's ordered her off life-support systems.
He wants her to die ...
enter the kingdom
of her God.

FOLLOWING ADVICE

Les & Dale, retired teaching buddies, told me, before I retired, walking was the key to renewed health. They walk four miles a day. Dale has lost 40 pounds. You'll be able to get off your pills Les said, adding: You'll love it! So what do I do? I walk, naturally. I'm up to 2 1/2 miles on the Don Julio track & down to one pill a day.