I read this article in the newspaper about obsessive compulsive people. it gave all the symptoms: checking and rechecking door locks, checking electrical outlets, other repetitive meaningless acts, being overly concerned for the safety of self and others.
I had every one of them. I was kind of proud of that. it wasn't something I wanted to be cured of. the article said that if you know someone with one or more of these telltale symptoms, you should insist they seek immediate medical treatment. I never thought any of these things were problems. a little strange, perhaps, but not all that terrible. I can think of worse forms of mental illness: delusions, irresistible urges to commit violent acts, pyromania, necrophilia. it doesn't seem all that crazy to me to fear burglars, fires, abductions. not if you read the papers.

SLOW DAY ON THE STATE PAYROLL

had my radio on all day at work today and didn't listen to it for one minute. that happens quite often lately, and I'm not all that busy, either, so it's not like I'm too engrossed in what I'm doing or something. maybe I should change it to a better station.